

## Week 1 Shopping List

- Oven Brite Cleaner Set
- Astonish Premium Hob & Cooktop Cleaner with Sponge
- HG Duo Unblocker 2x500ml
- Astonish Premium Kitchen Cleaner
- Bin Freshener 2 Pack
- HG Stainless Steel Quik Shine 125ml

## The Ultimate 3 Week Home Cleaning & Declutter Challenge



1	2	3	4	5	6	7
<b>Fridge Clear-Out</b>	<b>Organise Kitchen Cabinets</b>	<b>Clean Oven &amp; Hob</b>	<b>Clean Sink &amp; Organise Under Sink</b>	<b>Empty &amp; Freshen Bins</b>	<b>Clear &amp; Clean Counters</b>	<b>Wipe Down &amp; Clean Small Appliances</b>
<ul style="list-style-type: none"> <li>• Throw out expired food</li> <li>• Clean fridge shelves</li> <li>• Clean fridge drawers</li> <li>• Reorganise food</li> </ul>	<ul style="list-style-type: none"> <li>• Throw out expired food from cupboard</li> <li>• Clean shelves from cupboard</li> <li>• Tidy cutlery drawer</li> <li>• Clean out &amp; reorganise other kitchen drawers</li> <li>• Reorganise food</li> </ul>	<ul style="list-style-type: none"> <li>• Remove grates &amp; use oven cleaner kit</li> <li>• Degrease oven walls &amp; glass</li> <li>• Clean &amp; shine oven walls &amp; glass</li> <li>• Use Hob Clean &amp; Shine Set</li> </ul>	<ul style="list-style-type: none"> <li>• Scrub Sink</li> <li>• Sanitize Sink</li> <li>• Use Drain unblocker as according to instructions</li> <li>• Remove all products from under sink</li> <li>• Clean shelves</li> <li>• Use storage bins to reorganise products under sink</li> </ul>	<ul style="list-style-type: none"> <li>• Empty all bins</li> <li>• Clean interior of all bins (don't forget your rubber gloves)</li> <li>• Leave to dry</li> <li>• Use a bin freshener</li> <li>• Insert new bin bags</li> <li>• Bring all glass / similar to glass bin/recycling centre</li> </ul>	<ul style="list-style-type: none"> <li>• Remove all products from counter</li> <li>• Scrub all surfaces</li> <li>• Sanitize surfaces</li> <li>• Reorganise products &amp; appliances on counters.</li> <li>• Put away what you don't use regularly</li> </ul>	<ul style="list-style-type: none"> <li>• Soften + clean grease &amp; grime on small appliances</li> <li>• Wipe small appliances dry</li> <li>• Use stainless steel / glass cleaner where necessary</li> <li>• Shine small appliances with clean microfibre cloth.</li> </ul>