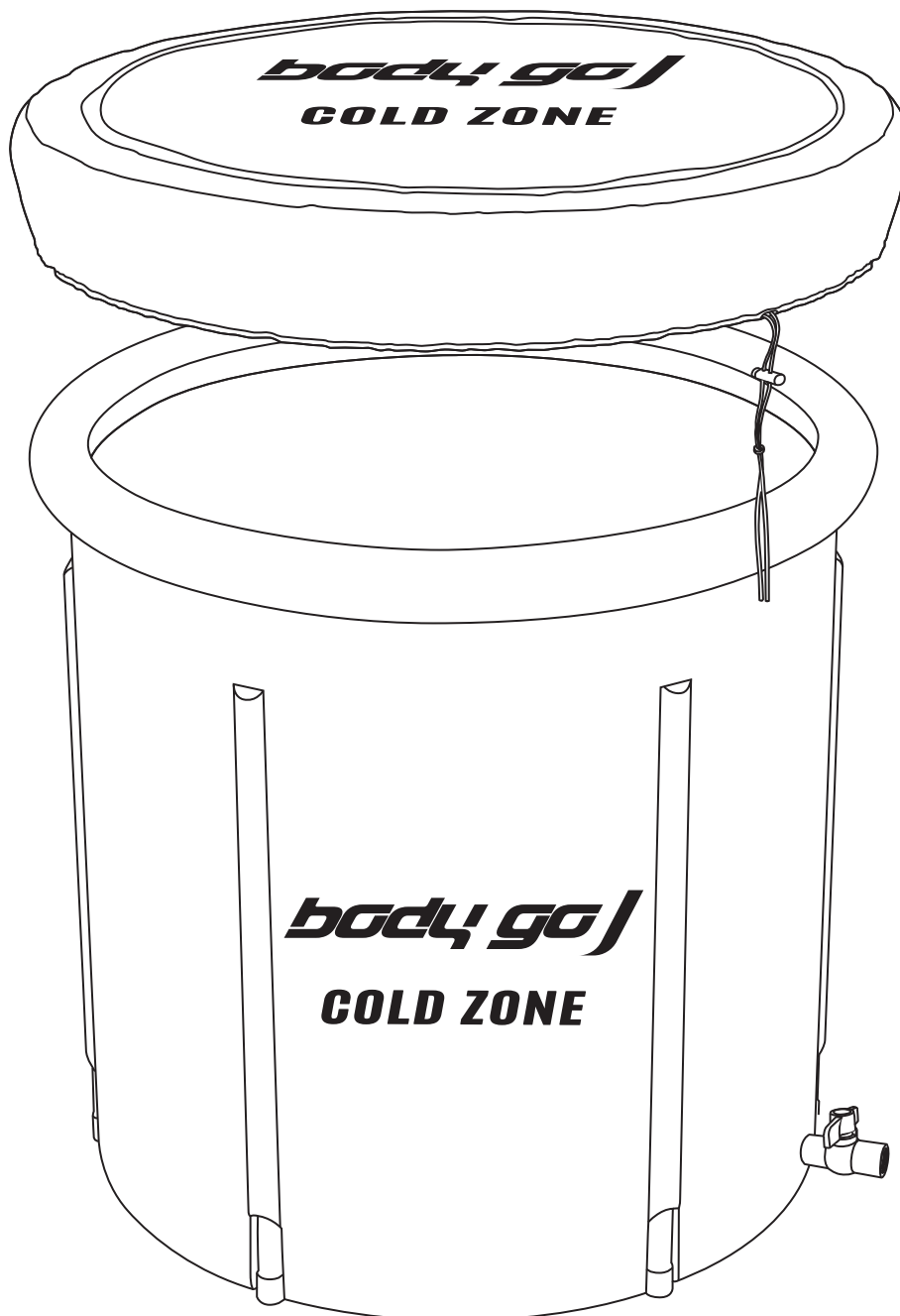


body go

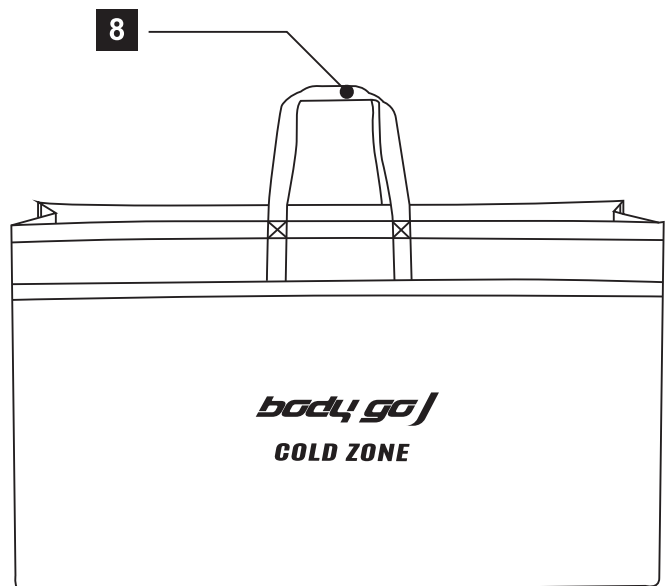
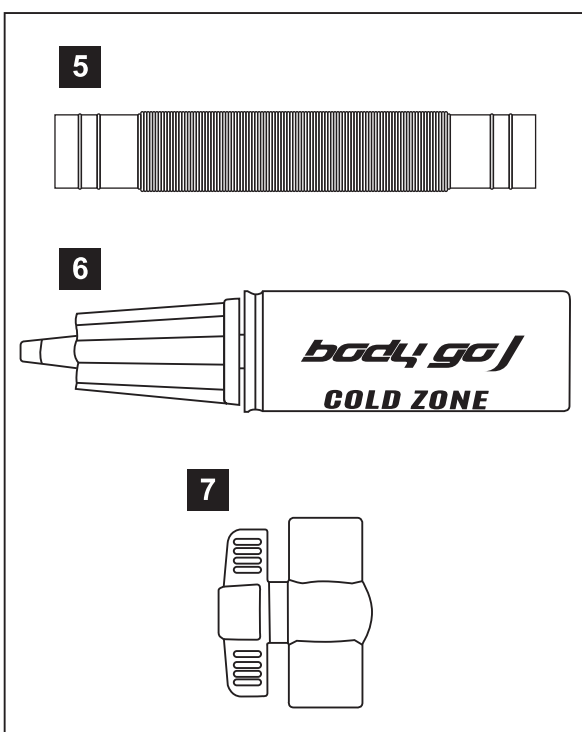
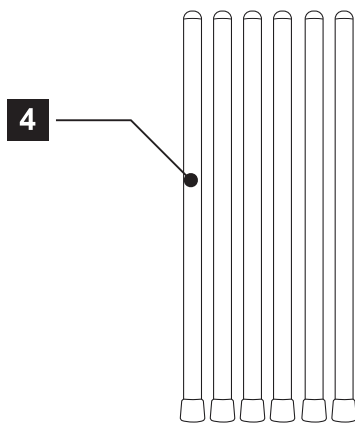
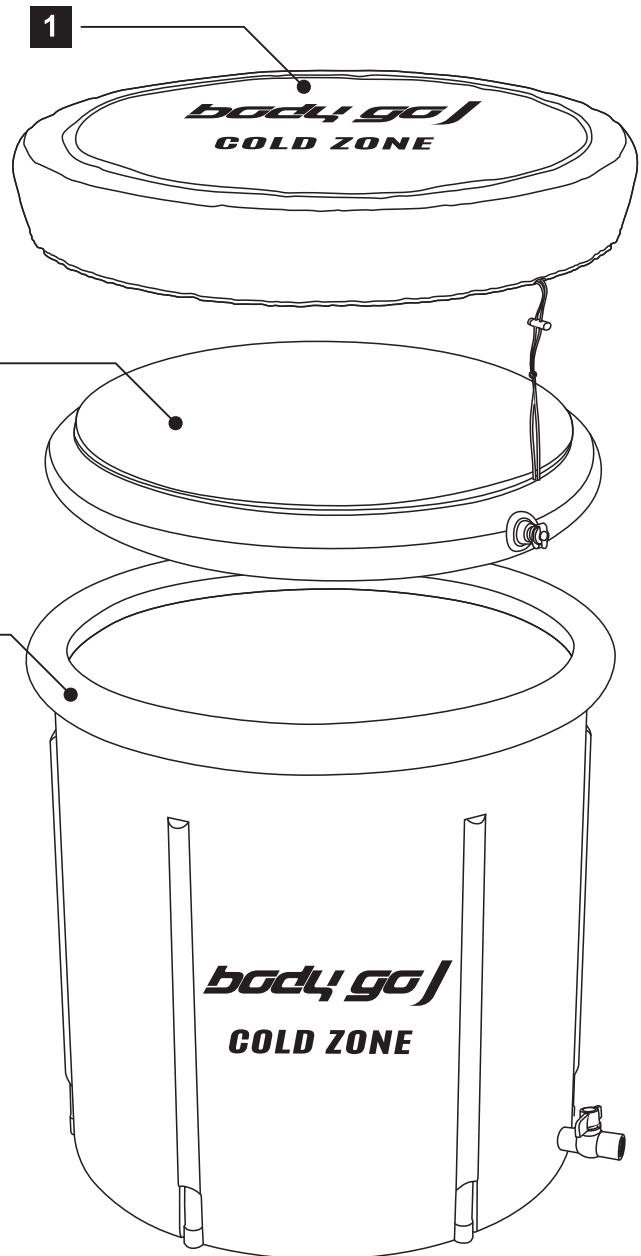
**BODYGO
COLD ZONE ICE BATH**

PLU-154068



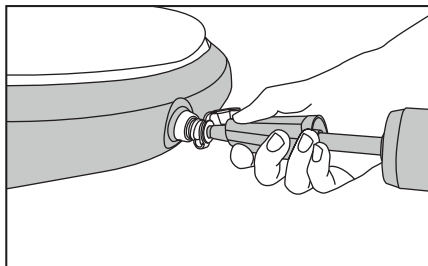
FEATURES

- 1** Protective Cover
- 2** Inflated Lid
- 3** Insulated Ice Tub
- 4** Leg x 6
- 5** Expandable Drain Hose
- 6** Hand Pump
- 7** Drain Valve
- 8** Tote Bag

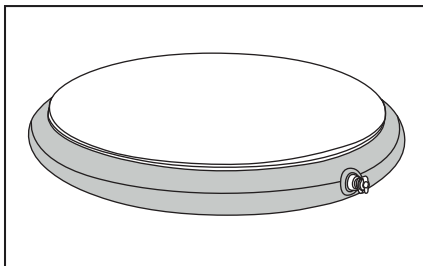


INSTALLATION

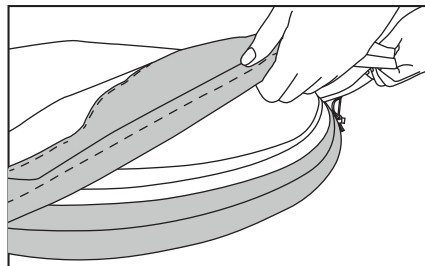
PROTECTIVE COVER INSTRUCTION



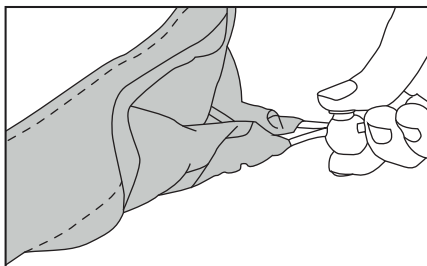
1. Inflate the **Inflated Lid 2** by using **Hand Pump 6**.



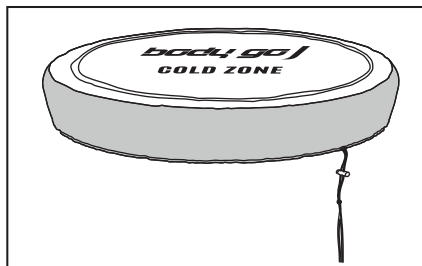
2. When fully inflated, the **Inflated Lid 2** takes on a perfect round shape as it expands outward in all directions.



3. Use **Protective Cover 1** to cover the **Inflated Lid 2** (inflate in full condition).

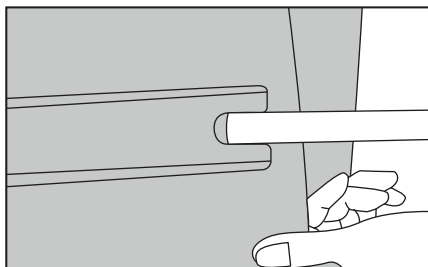


4. Pull and tight the **Protective Cover 1** after cover the **Inflated Lid 2**.

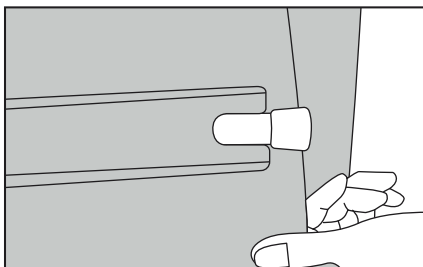


5. Use as desire when it need to cover the **Insulated Ice Tub 3**.

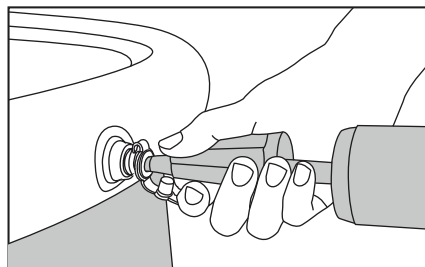
INSULATED ICE TUB INSTRUCTION



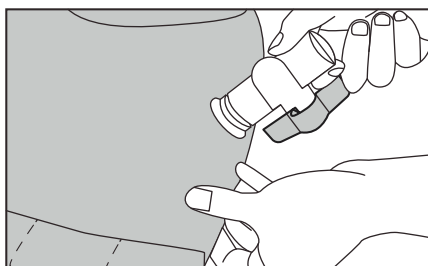
1. Insert the **Leg 4** into the holes around the base of the **Insulated Ice Tub 3**.



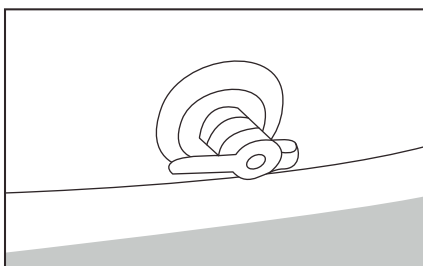
2. Insert all 6 **Leg 4** around the base holes.



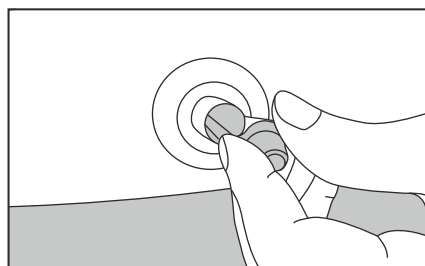
3. Stand the **Insulated Ice Tub 3** and use **Hand Pump 6** to inflate the upper ring.



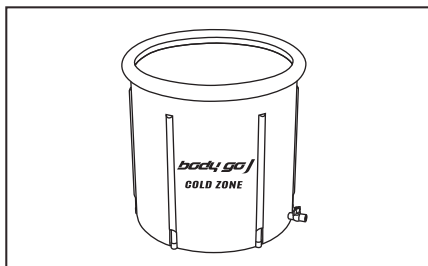
4. Attach the **Drain Valve 7** by tightening it carefully. Remember to turn it off before filling the **Leg 4**.



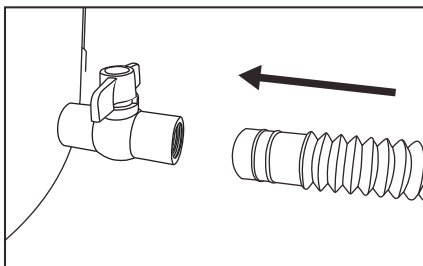
5. Push the valve inward after inflating the top ring.



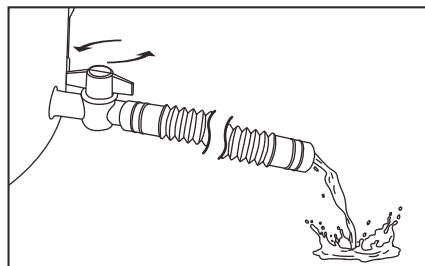
6. To drain the air from the upper ring open the valve and press the centre of the valve with the longer part of the plastic cap.



7. The **Insulated Ice Tub 3** is ready to use.

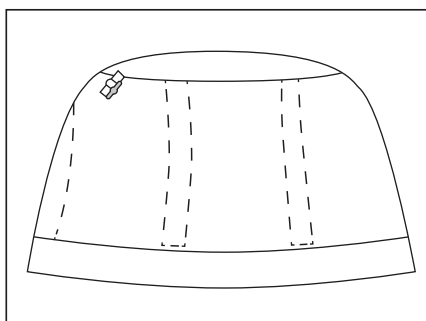


8. To empty the **Insulated Ice Tub 3**, please use **Expandable Drain Hose 5** and connect with **Drain Valve 7**.

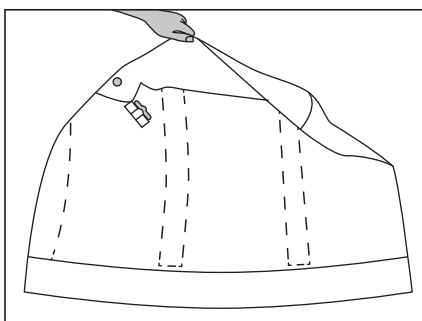


9. Turn the **Drain Valve 7** handle to the right to empty the **Insulated Ice Tub 3**.

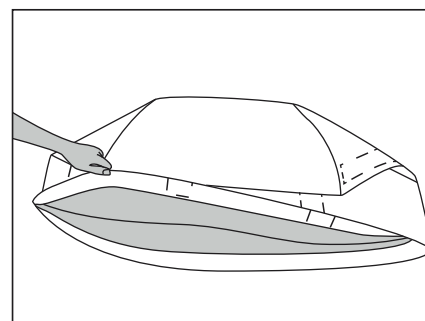
HOW TO FOLD THE INSULATED ICE TUB



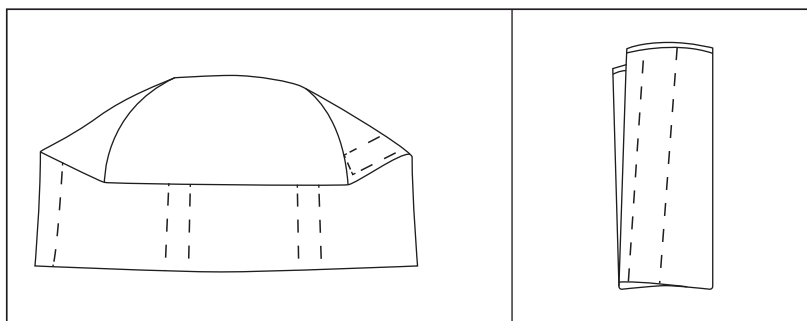
1. Align the edges.



2. Fold as shown.



3. Hide the inflatable ring inside.



4. Fold tightly as shown in the picture.

PRECAUTIONS

- Before using the bathtub for the first time, read the instruction manual carefully.
- If the product was stored in a cold place, warm water before the first use. Installation can be carried out only after the material has been warmed and softened to avoid possible damage.
- Wash the inside of the tub with water before the first use.
- The air ring should not be over-inflated to prevent it from breaking.
- Please drain the water after use, long-term storage of the tube filled with water will shorten the life of the product and may lead to deformation.
- Do not use the bathtub after drinking alcohol, feeling drowsy or taking any sedatives.
- Do not sleep while using the tub - danger of drowning.
- Do not use electronic devices while using the bathtub.
- The elderly, children or people with special needs should be watched at all times and never left unattended. The product is not intended for infants.
- People who have difficulty getting in and out of the tub should ask for help.
- Keep the product away from sources of fire and sharp objects.
- The product is intended for outdoor use or in rooms equipped with a water drain-danger of flooding.
- Never fill the tub with water at a temperature higher than 50°C.
- Do not fill the tub with water above 2/3 of its volume, remember that the water level will rise when you enter the tub.
- Do at least a 10-minute warm-up before entering cold water.

CONTRAINDICATIONS

Heart or kidney disease haemophilia, varicose veins, epilepsy, Lyme disease, hypertension, peripheral vascular disease, infections of any kind, cold flu, allergy to any of the materials, decreased perception. Women during pregnancy or menstruation. If in any doubt, consult a doctor before using the product.

UNDESIRABLE SYMPTOMS

Note that immersion in cold water may cause adverse symptoms such as dizziness, nausea, numbness or cramps in the limbs, tightness in the chest. You should then take a short break and try again. If symptoms recur or are severe, stop bathing immediately and consult a doctor before using again.

WARNING

Talk to your healthcare provider before taking an ice bath, especially if you have a medical condition. Ice baths are for adult use only.

OGALAS ULC
D12 ECR9
MADE IN CHINA

